

# Pioneering the Field

## *of Advanced ENT Care*

With specialized training in nasal and sinus disorders, hearing loss, dizziness, tonsillitis, swallowing problems, pediatric care, and a host of other conditions that affect the ears, nose, and throat, the team at Berger Henry ENT Specialty Group is on the leading edge of some very exciting—and very effective—treatments.

**For those who suffer** from the pressure, congestion, and frustration of chronic sinus infections, you might be a candidate for a minimally invasive office procedure that can offer permanent relief—without the lengthy downtime of traditional sinus surgery.

Called balloon sinuplasty, the in-office procedure takes just 30 to 60 minutes and is performed under local anesthesia.

“Like angioplasty of the heart,” describes Dr. Todd Morehouse, “we feed a small, light-guided wire into the natural opening of the sinus cavity and gently inflate the balloon to dilate the space. Patients can return to their normal activity in just 24 hours.”

Dr. Morehouse ensures patients are properly numbed and comfortable prior to the procedure, even letting them choose the Pandora station that plays during treatment.

“For many patients, balloon sinuplasty results in immediate, complete, and permanent relief,” says Dr. Morehouse, assuring that if 100 percent relief isn’t achieved, insurance will also cover traditional endoscopic sinus surgery in the operating room.

The practice also offers partial inferior turbinate reduction, an office-based procedure to treat allergic swelling and chronic postnasal drip.



Dr. Todd Morehouse,  
Director of Balloon  
Sinuplasty



The Physicians: (1 to r) Lana Patitucci, DO; Alan Berger, MD, FACS; Todd Morehouse, DO; Marta Becker, MD; Donald Sesso, DO

## Leading the Science of Snoring

The first of its kind, Pennsylvania Sleep and Snoring Institute (PSSI) is a comprehensive clinical and research facility that offers multispecialty diagnosis and treatment of snoring and sleep apnea.

“Snoring affects all ages, races, and body types,” says Dr. Sesso, one of just six triple-board-certified sleep and snoring specialists in the country. “If you’re gasping while you sleep, falling asleep at work, or having a hard time concentrating, it’s time to seek treatment.”

Advancements in the field—such as at-home sleep tests and the new FDA-approved Inspire® hypoglossal nerve stimulator—make accurate diagnosis and effective relief more accessible than ever before.

“A full anatomical evaluation helps identify where the airway narrows, so we can more precisely treat the problem,” adds Dr. Sesso.

Though CPAP machines are the gold standard treatment, Dr. Sesso says there’s hope for those who cannot tolerate the equipment: “We believe in individualized, multifactorial treatment, which can include medical, surgical, or dental intervention. Don’t give up if one option doesn’t work for you.”



Dr. Donald Sesso,  
Director of PSSI



Dr. Alan Berger,  
Founder of PSSI



### LOCATIONS IN

East Norriton • Lansdale • Philadelphia • Oaks • Willow Grove

bergerhenryent.com  
610-279-7878

PENNSYLVANIA  
SNORING & SLEEP INSTITUTE